

## The Free Community Health Forum, “Family Wellness” Hosted by State Senator Elaine Alquist

This annual event was held by State Senator Elaine Alquist on Saturday, October 17 at Mayfair Community Center in San Jose.

GFHN’s Gardner Health Clinic participated by giving 257 free flu shots to attendees in three hours. The vaccine was provided by the Department of Public Health. Previously, Gardner participated by doing glucose and cholesterol checks, but when Senator Alquist’s office requested that we give flu shots - Gardner didn’t hesitate!

Some attendees did not have a primary doctor or home clinic and the staff was helpful in informing them about GFHN and our services.

Gardner staff participating: Clinic Coordinator, Natalie Hodgen, LVN, Florence Vargas, MA, Elizabeth Fernandez, MA, Carol Kane, RN and Yadira Solis, MA.



Elizabeth Fernandez, MA preparing to give shot to patient



State Senator Elaine Alquist, 13th Senate District



Line for the free flu shot

Top right: Clinic Coordinator, Natalie Hodgen, LVN registers attendees for the free flu shot.

Below: Free hand sanitizer, Gardner pamphlets and our fearless leader, Reymundo C. Espinoza, CEO on Gardner DVD.

Bottom right: Senator Elaine Alquist and CBS 5 Eyewitness News Weather Anchor Roberta Gonzalez (far right).

